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SHOULDER PAIN?

LOCAL SHOULDER SPECIALIST AND ORTHOPAEDIC SURGEON PROVIDES THE LATEST NEWS ON RELIEF THROUGH SURGICAL AND NON-SURGICAL INTERVENTION

The Shoulder Center at Baldwin Bone and Joint, P.C.

DAPHNE, Ala. (*April tbd, 2016*) - Dr. John L. Todd, Medical Director for The Shoulder Center (TSC) and orthopedic surgeon, will discuss the common causes and solutions for aching shoulders at the "Oh My Aching Shoulder: Understanding Common Causes and Solutions" event on April 19 at 6:30 p.m. at Baldwin Bone and Joint (BB&J) in Daphne.

This community education seminar is developed especially for those seeking solutions to issues of the shoulder. The shoulder is the one of the most mobile and problematic joints of the body, and common symptoms of shoulder problems include pain, weakness and loss of motion that can interfere with activities of daily living, work and recreation. Todd, shoulder specialist, will discuss common causes for this and what options are available at TSC including non-operative and operative care.

The Shoulder Center, the latest in specialty care to be offered by Baldwin Bone & Joint, takes a comprehensive approach to the care of shoulder conditions. Dr. John Todd and the TSC staff are trained and equipped to see patients with shoulder problems through every step of the diagnosis, treatment, and recovery process. The primary goal of TSC is to return each patient back to his or her lifestyle, and the activity level he or she enjoyed before, as quickly as possible.



"It is my primary goal to return each patient to an active lifestyle, free from shoulder pain and limitations," states Dr. John Todd. (Photo: Dr. John Todd)

This community event is free and doors open at 6 p.m. Light refreshments will be served. Reservations may be made by calling 251-621-5377. BB&J is located at 1505 Daphne Ave. in Daphne.

About Dr. John L. Todd

Dr. John Todd, Medical Director of The Shoulder Center at Baldwin Bone & Joint, P.C., is a board-certified orthopedic surgeon who is fellowship trained in both shoulder reconstruction and sports medicine. Dr. Todd has been in

practice for more than 20 years, and his primary clinical focus is the care and treatment of the shoulder joint. He has dedicated his career to helping patients with both chronic degenerative problems and injuries of the shoulder as part of Baldwin Bone & Joint – a group of fellowship-trained orthopedic specialists. Dr. Todd's many years of experience and expertise as a shoulder specialist enable his patients to achieve a successful treatment outcome. The Shoulder Center has office locations in Daphne and Orange Beach, Al. For more information, call <u>251.625.2663</u> or visit <u>theshouldercenter.net</u>. Dr. John Todd is also on Facebook and Twitter.

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